

Best practice – I:

Title - Sensitizing nation`s future through extracurricular activities and bringing Environmental awareness

Goal

To enhance the overall personality and moral standard of the students, college annually conducts various extracurricular activities like seminar, debate, speech etc. Goal of these activities are to create awareness on contemporary social and psychological problems like corruption, violence against women, human trafficking, global warming, child labor, drug addiction, depression, suicide etc. It is essential to make them aware of contemporary issues, so that they become self-confident and responsible citizens of our country.

Context

The aim of the college is to equip the students with global competencies, so that they could meet with the demands of the changing scenario successfully. Hence extracurricular activities are held to sensitize the students about the society and nation. Every year college also conducts cultural programs on College and University Foundation Day as well 31st July & 10th January respectively each and every year to enhance the loyalty and unity among students.

Practice

A.S. College, Deoghar is well known for its academic and extracurricular activities in Deoghar. It organizes and participates in different inter and intra-college activities.

The activities are as follows: - Seminar, Debate, Elocution, Quiz competition, Speech Extempore, Poster making, Collage making, Poster making, Mime, Skit, One act play, Classical dance, Tribal dance. Different departments organize inter departmental competitions. Extempore, Debate, Essay – Writing, Painting competitions is organized time to time. Women`s Cell also organizes awareness programmes. N.S.S. Units organize camps. In the `World Yoga Day`, the college organized Yoga training for the students. Games and sports has become a main thrust of co-curricular activity. The students of our college take regular part in Inter-University Sports Tournament. In Volleyball, Kabaddi & Kho-Kho, the college became the winner.

To develop and promote quality education and to make the students more competent, the college has started organizing seminars in different departments. In these seminars, students are asked to speak something on the given topic. They deliver their lectures and then interaction session starts. This practice helps the students to develop their speaking habit. The seminars have already been organized by the department of History, English, Hindi, Pol. Science & Economics. Some more departmental seminars will be organized soon. The college also organizes Nation Seminars, sponsored by U.G.C. In these seminars famous personalities from the field of academics take part. The students also take part in those seminars and get direct benefit out of it.

In the light of the Community Development initiative, our NSS Unit -5 of college has adopted one village namely Singhua adjacent to the Deoghar Town. N.S.S wing, faculty members, and students visit the village regularly and participate in the awareness program as announced by the Govt. time to time. It is also a routine activity like child, women and adult education, cleanliness drive, etc. and is performed regularly. Other community development activities such as awareness of the digital program, water harvesting, scientific biodegradable waste management, etc. have also been undertaken in that village. In the pipeline is a proposal to adopt five villages by other NSS Units. The institution has taken the initiative to make aware the society about social and health problems like malnutrition, female foeticide, child marriage, anti-witch crafting, dowry system, adverse effects of alcoholism & tobacco chewing, cleanliness awareness, environment protection, consumer protection awareness, HIV awareness, etc

Apart from these we also inculcate sensitivity and responsibility towards the environment in our students. To make the campus eco-friendly, the college maintains ornamental gardens. We appreciate biodiversity through our botanical garden, conserve water through rain water harvesting, biodegradable waste management through vermicompost pit, and two manuring pits (5 feet deep). The pipeline is a proposal to provide centralized air-conditioning in the college library through solar energy which definitely will sensitize the college fraternity for energy conservation and use of renewable energy Staff and students are advised to turnoff lights and fan when they are not being used. Environment consciousness is given special importance, by celebrating Earth Day, Environment Day etc.

Regular bulbs and tube lights have been replaced by CFL and LED lamps, to conserve energy. Timely switching off bulbs gives it longer life. BCA (H) Students and Faculty

members are encouraged to switch off the computer systems, AC and other equipment's to conserve energy. Language lab, smart class and other science labs are arranged to take advantage of natural light from windows.

In the playground and other land patches rain water percolates through the soils to recharge the bare well water table.

Since there is no concrete construction of roads within the campus, the drain water drips inside the soil and keeps the water level high.

Different trees have been planted to keep to environment eco-friendly. Trees have ground in vows to maintain Carbon neutrality. Parking lot is located by side of the gate to avoid emission from vehicle.

That in front of the main entrance, there is a row of trees in Science Campus. In Campus I, there are some decorative plants and some big trees to keep the environment friendly. The NSS volunteers and women's cell take interest to plant saplings in college campus's conducts extension activity for local community to create awareness and consciousness.

The e-waste generation is very minimal in the campus. Used computers and peripherals are exchanged under buy-back policy. Used batteries or UPS are also exchanged under buy-back policy

To keep the entire campus green inwards and action, the college has a green audit/environment committee. The environmental committee conducts project work with the students. Through various projects the committee members try to emphasis the fact that eco-friendly environment can make the society and surrounding happy. The N.S.S. Students also take care to make the campus polythene free-zone.

Best Practice -2

Title of the Practice: Empowering the young women by expanding their horizon.

Goal: To prepare, an academically sound, confident, young woman who is aware of her rights, duties and responsibilities in the present globalized world.

The Context :The challenging issue about this goal is to bring a transformation in the personality of the girl students coming from a rural background into progressive, confident,

educated women with scientific bent of mind; who is aware of her rights and duties. Jharkhand still reflects the medieval mind set where people believe in Superstitions, Witchcraft, and prevalence of outdated rituals, trafficking, intoxication, poor health and hygiene. The college is committed to serve the economically underprivileged tribal girls.

The Practice

The college makes conscious efforts to tap those channels which can provide insightful information about women's rights.

On the directives given by the Principal, the Women's Cell and NSS wing of the college coordinates with those institutions of the society, which deals with the problems of women. They also invite women achievers to motivate the students in the right direction.

The "Women Cell" of the College conducts regular counselling for girl's students. The "anti-ragging committee" takes care of the problems of newly admitted girl students specially.

The Women Cell of the college invited Smt. Suchitra Jha, Lokpal (MGNERGA), Deoghar District and on 8th March, International Women's Day celebration, to sensitize the students and public at large. A Debate competition on Challenges of Society on Women Empowerment was organized in Campus-II.

Anti-sexual harassment is under the preview of the women cell of the college, which was duly constituted in 2014. The cell, in collaboration with other organizations, organizes seminars and workshops for making students aware of their rights and teaching girls, about the regulation and ways of self-protection. The college administration and faculty members of college give all kinds of support to maintain the dignity of girl students of the college and so that they can attend their classes without any fear. The case of sexual harassment is strictly dealt the college authority and guilty students are punished lawfully and ultimately restriction from college. Special assistance is provided to students belonging to background communities in order to bridge the knowledge and social gap and bring them to the main stream of the society.

Hailing from economically & socially disadvantaged section of the society, most of the girls are shy, hesitant, lack confidence, suffer from inferiority complex and have poor communication skill.

To nurture, evolve and empower the girls from all section of local community, the institution undertakes various measures like remedial classes, personal counselling with students and parents if required. Co- curricular activities are organized in which the institute invites professional counsellors, legal experts & security personnel etc. Extracurricular Activities under professional guidance also hone their raw talent in a better way. NSS wing for women students takes active participation in cleanliness drives and tree plantation programmes

The N.C.C. is started in the college. There is separate wing of N.C.C cadets for girls which empowers them to stand with equality in the society. They practice and participate in parade as on the occasion of Republic day. To generate a better awareness of women's right, equality in society and domestic violence against the women, procession and debate are organized and dignities are invited to deliver lectures on these topics.